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UB PARENTS

Dear UB Families:

At the start of each academic year, there is a wonderful sense of energy and excitement on campus, as students are once again actively engaged in learning, both in and out of the classroom.

As the parent or guardian of a UB student, we view you as our partner in student learning and success. We encourage you to take advantage of the following resources that are designed to help you support your student:

- [Parent Advisory Service](#)
- [Parent Association](#)
- [Parent & Family Guide](#)
- [Parent Website](#)

Best wishes to you and your student for what I hope will be a successful, productive academic year!

Dennis R. Black

Vice President for University Life and Services

Campus Information and Updates

Important Upcoming Dates

Deadlines

Important deadline dates for the fall 2011 semester are available [online](#).

Academic Calendar

The academic calendar may be found [online](#).

Upcoming Events

Cultural Bazaars

[Cultural Bazaars](#) are held throughout the academic year. Upcoming bazaars:

- Latino Bazaar: September 27, 2011
- LGBTQ Bazaar: October 10, 2011

Family Weekend 2011 (September 30 – October 2)

Family Weekend, an exciting UB fall tradition, provides families with an opportunity to share a portion of their student's university experience. Event and registration information is available [online](#).

Finances and Academics

Student Advisement, Resources, and Financial Services (SARFS)/Student Response Center (SRC)

SARFS/SRC was strategically developed to bring the following resources together:

- [Financial Aid](#)
- [Billing](#)
- [Registration](#)
- [Academic Records Services](#)

HUB Student Center

[HUB](#) is UB's new student system. Many processes are being run in HUB for the first time and are taking longer as a result. We appreciate your patience.

Billing and Payment

UB produces up to four [electronic bills \(eBills\)](#) in the fall semester. The second fall eBill notification was emailed to your student on September 13, 2011, with a due date of October 4, 2011.

Are you looking to help pay your student's bill? Have your student designate you as an [Authorized Payer](#).

Is your student looking for a refund from an overpayment or a financial aid disbursement? Encourage him/her to enroll in [Direct Deposit](#) for a faster refund.

Student Life

Alternative Breaks (Fall, Winter, and Spring Break)

Through engagement in experiential learning by volunteering locally and abroad during the fall, winter, and spring break periods, students learn about the problems of a community, how to become change agents, make a difference, and lead a life of active citizenship. Further information may be found [online](#).

Pride of New York Showcase

[Campus Dining & Shops](#) works with area farmers and food manufacturers through the Pride of New York program. On September 21, 2011, students will have an opportunity to meet local vendors and taste some of their products at the third annual Pride of New York Showcase event.

Greek Affairs (Fraternities and Sororities)

Founded on the principles of leadership development, academic excellence, civic engagement, and philanthropic service, [Greek Life](#) at the University at Buffalo provides undergraduate students with an enriching and rewarding experience. Further information is available below:

- [Information for parents](#)
- [Information regarding specific organizations](#)
- [Precautions](#)
- [Membership eligibility](#)

Is your student looking for a part-time job?

Career Services encourages students to use [BullsEye](#) to search for opportunities. All your student needs is a UB IT name and password along with a resume to log in and begin applying. More information on how to find a part-time job is available [online](#).

LGBTQ Resources and Support

If you or your student is seeking [LGBTQ resources or support](#), contact Jim Bowman at Wellness Education Services, jbowman2@buffalo.edu, (716) 645-6935, or your student can stop by the LGBTQ Drop-in Support Office inside Wellness Education Services, 114 Student Union.

Maintaining a Healthy Diet on Campus

Campus Dining & Shops has instituted “Fresh Look,” a [nutrition](#) program for students. For questions or concerns about dietary or nutritional issues, your student should contact the Campus Dining & Shops registered dietician, Anita Hathaway, ahathawa@buffalo.edu, (716) 645-6445.

SBI Safety Services

[SBI Safety Services](#) offers free Safety Shuttle and Safety Walk services to students during the academic year. Safety Walk Stations are located on both campuses, while Safety Shuttles operate on South Campus only.

UBreathe Free and Smoking Cessation Services

The University at Buffalo is a completely [smoke-free campus](#). Smoking is prohibited on campus, at off-site UB locations, and in university-owned vehicles.

This applies to students, employees, visitors, and vendors. The university offers an array of support services to help people who want to quit smoking, including personal quit coaching and access to free nicotine replacement therapy.

Parking and Transportation

Buses and Shuttles

There is no need for students to have a car on campus! Parking and Transportation Services provides a large fleet of buses and shuttles for students to get around campus and also for shopping off campus. View the fall schedules [online](#).

Free NFTA Metro Rail Passes

[Free NFTA Metro Rail passes](#) are available to students who have to travel between the South and Downtown Campuses or who live close to the rail lines.

Overnight Parking

Students with cars should be aware of the rules for parking overnight on campus. A list of lots designated for overnight parking may be found [online](#).

Zipcar

When students need a car, [Zipcar](#) is on campus. Each Zipcar reservation includes gas and insurance. New members receive special annual membership pricing.

Student Success

New Students

Moving from a familiar environment to a new setting is a big change for students and their families.

Alcohol and Other Drugs

The first six weeks can be a high-risk period for new students. During this time, it is especially important to stay in touch with your student regarding alcohol or other drug use. Encourage your student to participate in alcohol-free programs and to develop friendships outside the “party scene.” [Late Night UB](#) offers late night, alcohol-free entertainment on campus during prime social times. Through Late Night activities, students gain experience in responsible social interaction, programming, and leadership development.

While there are countless activities and events on campus, some students choose to seek entertainment at off-campus house parties, which can, unfortunately, result in binge drinking, assaults, and charges of disorderly conduct. It is important

for students to understand that off-campus neighborhoods are under the jurisdiction of local police agencies and are not, therefore, patrolled by [University Police](#). Before venturing out into the off-campus community, please encourage your student to check out:

- www.crimereports.com for a better understanding of safety off campus and
- The University Police [personal safety tips](#).

Typical Transition Issues for New Students

- [Forming friendships and fitting in](#)
- Advocating for oneself and utilizing campus resources
- [Time management](#)
- [Study skills and test anxiety](#)
- [Procrastination](#)
- [Nutrition and physical activity](#)
- Money management

Returning Students

Although returning students may know what to expect, they too may encounter certain issues as they transition to a new academic year, including:

- Getting back into the college routine
- New circumstances (i.e., different housing situation, classes, policies/procedures, commitments)
- Understanding and benefitting from lessons learned last year
- [Campus Involvement](#): Some students may wait until their second, or even third year, to get involved on campus. While it's not too late, it is time for students to select extracurricular activities that complement and enrich their academic pursuits.

Campus Resources for New and Returning Students

- [First-Year Student Resources](#)
- [Succeeding in College](#)
- [Life & Learning Workshops](#)
- [Academic Advising](#)
- [Tutoring](#)
- [Faculty](#)
- [Counseling Services](#)
- [Student Health 101 Monthly Newsletter](#)
- Computer Support
 - [Cit Help Desk](#)
 - [UBMicro IT Support Services](#)

UB Parent Fund

The 2011 - 2012 efforts for the UB Parent Fund will soon be underway. Before this year gets started, however, we would be remiss if we did not thank all of the parents who contributed to this important fund last year. Because of your contributions, this year's first-year class will be able to participate in StrengthsQuest, an online evaluation tool that will help them identify their strengths and provide them with ways to use them in their academic and career planning. This is the important type of program that the UB Parent Fund provides and that we would not otherwise have. Thank you again and we look forward to being in touch soon about this year's efforts.

To update your information or remove yourself from this list, visit:

<http://parent.buffalo.edu/registration>